



SAGOLA JULY 2024 MENU

	Tuesday	Wednesday	Thursday	
Sagola Senior Center 906-542-3273	2 Country Style Ribs Mac N Cheese Corn	3 Strawberry Spinach Salad w/Grilled Chicken Fruit Cobbler Croissant	4 CLOSED Happy 4th of July	Serving Time: Salad 11:00 Meal 11:30
DICSA 906-774-2256 ext 235, 230 or 244	9 Split Pea w/Ham Soup Egg Salad Slider Jello w/Fruit	10 Pasty Cole Slaw Buttered Corn Apple Crisp	11 Beef Chop Suey w/ Veggies Egg Roll Fortune Cookie Strawberry Shortcake	<i>Meals are funded by program income, local millage, OSA & The Area Agency on Aging.</i>
	16 Sloppy Joe w/Bun Baked Mac & Cheese Sweet Potato Fries	17 Boiled Dinner Biscuit Applesauce	18 Meat Loaf Mashed Potatoes Candied Carrots	<i>All meals are served with whole milk, or juice & fruit.</i>
	23 Farmer's Bake Turkey Bacon Mini Croissant Berry & Granola Yogurt Parfait	24 Broccoli & Cheese Soup Ham & Cheese Slider Jello w/Fruit	25 Chicken Stir Fry w/ Veggies Boiled Rice Egg Roll Fortune Cookie Blueberry Shortcake	
<i>Meals are subject to change without notification.</i>	30 Natl. Cheesecake Day Chili Cornbread Side Salad Cheesecake Bites	31 Salisbury Steak Mashed Potatoes w/Gravy Green Beans Biscuit	