


IRON RIVER SEPTEMBER 2024

Monday	Tuesday	Wednesday	Thursday	
2 CLOSED LABOR DAY (this meal delivered on 9/3) Turkey Sandwich Banana String Cheese, Jello Cup	3 BBQ Pork Baked Beans Whole Wheat Dinner Roll Side Salad	4 Pasty Coleslaw Corn Chunky Applesauce	5 Chicken & Spaghetti Green Beans Breadstick	IR CENTER 906-265-6134 Salad Bar 11:00 Meal 11:30
9 Smothered Chicken Buttered Noodles California Blend Veggies	10 Sloppy Joe w/Bun Baked Mac & Cheese Sweet Potato Fries	11 Brat and Cabbage Bake Corn on the Cob w/Butter Whole Wheat Dinner Roll NATIONAL CORN ON THE COB DAY	12 Blackened Fish Au Gratin Potatoes Cauliflower Biscuit w/Butter Pat	Questions or Concerns please reach out to DICSA 906-774-2256 Ext 230, 235 or 244 Meals are subject to change without notification.
16 Chicken Fettucine Alfredo Broccoli Dinner Roll	17 Hot Beef Sandwich Mashed Potatoes w/Gravy Corn Apple Dessert	18 Deluxe Cheeseburger Curly Fries Baked Mac & Cheese NATIONAL CHEESE-BURGER DAY	19 Meat Loaf Mashed Potatoes Candied Carrot Coins	All meals are served with choice of whole milk or juice and fruit. <i>Meals are funded by program income, local millage, OSA & The Area Agency on Aging.</i>
23 Chicken Florentine Casserole Buttered Pasta Peas	24 Country Style Ribs Mac N Cheese Corn Garlic Biscuit w/Butter Pat	25 Baked Chicken Mashed Potatoes w/Gravy Green Beans	26 Hamburger Gravy over Mashed Potatoes Buttered Baby Carrots Dinner Roll w/Butter Pat	
30 Chicken & Dressing Bake California Blend Veggies Cinnamon Applesauce	