

IRON RIVER JULY 2024 HDM MENU

Mon	Tues	Wed	Thurs		
1 Biscuits & Sausage Gravy Oven Roasted Potatoes Spiced Pears Yogurt Cup	2 Chicken Soft Tacos Spanish Rice Corn Salsa & Sour Cream	3 (Today's delivery will also include tomorrows meal) Chef's Choice Frozen Meal	4 HAPPY 4TH OF JULY CLOSED NO MEAL DELIVERY Chef's Choice Frozen Meal (Delivered 7/3)	Temporary Delivery Days are: Tues, Wed, and Thursday.	Iron River Senior Center 906-265-6134
8 (Delivered w/Tues Meal) Broccoli & Cheese Soup Ham and Cheese Slider Jello w/Fruit	9 Ham Dinner Cheesy Potatoes Glazed Carrot	10 Sloppy Joe w/Bun Baked Mac & Cheese Sweet Potato Fries	11 Honey Garlic Chicken w/Veggies Whole Wheat Dinner Roll Chef's Choice Dessert	Questions or Concerns please call DICSA 774-2256 ext 230, 235 or 244	
15 (Delivered w/Tues Meal) Chili Cornbread Side Salad	16 Asparagus & Ham Stuffed Potatoes Peaches Biscuit	17 Chili Dog w/Cheese Baked Fries Mac & Cheese Pudding Cup	18 Swedish Meatballs Buttered Noodles Mixed Veggies Dinner Roll Chef's Choice Dessert	All meals served with choice of whole milk or juice & fruit.	
22 (Delivered w/Tues Meal) Shredded BBQ Chicken on a Hoagie Sweet Potato w/Butter Steamed Carrots	23 Hearty Beef Stew Pickled Beets Whole Wheat Dinner Roll	24 Liver & Onions Roasted Garlic Potatoes Wax Beans	25 Spaghetti w/Meat Balls Green Beans Garlic Toast Chef's Choice Dessert	Meals are subject to change without notification	
29 (Delivered w/Tues Meal) Scalloped Potatoes w/Ham Buttered Corn Dinner Roll Brownie	30 Garlic Salmon Linguine Steamed Peas Whole Wheat Dinner Roll	31 Chicken Florentine Casserole Buttered Pastas Baby Carrots	1st Aug Pancakes Sausage Hashbrowns Pears Yogurt Chef's Choice Dessert		