

IM/KINGSFORD-CRYSTAL FALLS OCTOBER 2024 HOME DELIVERED MEALS

Mon	Tues	Wed	Thurs	Fri	
	1 Broccoli & Cheese Soup Bagel w/Cream Cheese Jello w/Fruit	2 Pork Roast Cheesy Potatoes Glazed Carrot Dessert	3 Sloppy Joe w/Bun Baked Mac & Cheese Potato Wedges	4 Deluxe Chef Salad Cottage Cheese w/ Pineapple Egg Salad Slider	All meals served with choice of whole milk or juice & fruit.
	7 Honey Garlic Chicken w/ Veggies Whole Wheat Dinner Roll Blueberries	8 Chili Cornbread Side Salad	9 Asparagus & Ham Stuffed Potatoes Peaches Biscuit	10 Chili Dog w/Cheese Baked Fries Mac & Cheese Pudding Cup	
14 Swedish Meatballs Buttered Noodles Mixed Veggies Dinner Roll	15 Shredded BBQ Chicken on a Hoagie Sweet Potato w/Butter Steamed Carrots Dessert	16 Hearty Beef Stew Pickled Beets Whole Wheat Dinner Roll	17 Liver & Onions Roasted Garlic Potatoes Green Beans Biscuit	18 Cheese Ravioli w/ Marinara Sauce Italian Veggies Garlic Bread	Meals funded through program income, local millage, OSA & The Local Agency on
21 Spaghetti w/Meat Balls Green Beans Garlic Toast	22 Scalloped Potatoes w/ Ham Buttered Corn Dinner Roll Brownie	23 Garlic Salmon Linguine Steamed Peas Whole Wheat Dinner Roll	24 Chicken Florentine Casserole Buttered Pasta Baby Carrots Dessert	25 Chicken Salad on a Bun Chips Granola Parfait String Cheese Sack Lunch	
28 Pancakes Sausage Hashbrowns Pears Yogurt	29 Turkey Spinach Artichoke Rice Casserole Wax Beans Whole Wheat Bread w/ Butter Dessert	30 Big Mac Salad Cheesy Breadstick Fresh Cut Up Melon	31 HAPPY HALLOWEEN Spaghetti w/Bats Breadstick Snakes Cauliflower Brains Frankenstein Pudding	 Happy Halloween	