

DICSA Meals on Wheels October 2026

M	T	W	TH	F	INFO
			1. Vegetable Beef Soup Dinner Roll Pudding Parfait	2. Cheese Tortellini w/ Meat Sauce Wax Beans Garlic Bread	Questions or Concerns please call DICSA 906-774-2256 EXT 244
5. Brats Macaroni & Cheese Corn	6. Italian Cheddar Bake w/ Noodles Italian Veggies Bread Stick	7. Boiled Dinner Biscuit Fancy Applesauce	8. Chicken Alfredo over Fettucine Broccoli Garlic Bread Stick Cookies	9. Pancakes Sausage Hash Browns Pears Yogurt	Meals are subject to change without notice
12. Deluxe Cheeseburger Baked Potato Wedges Baked Beans	13. Hearty Pork Stew Pickled Beets Dinner Roll	14. Unstuffed Pepper Bowl Corn Dinner Roll	15. <u>Birthdays</u> Smothered Pork Chop Mashed Potatoes Dill Carrots Biscuit Cake	16. Chicken & Dressing Sandwich Roasted Potatoes Mixed Veggies	All meals served with choice of 2% milk or juice
19. Spaghetti & Meatballs Green Beans Garlic Bread	20. Sheet Pan Chicken & Veggies Cauliflower w/ Cheese Dinner Roll	21. Meatloaf Baked Potato Candied Carrots Dinner Roll Pudding	22. Chicken Cordon Bleu Buttered Noodles Capri Veggies	23. Deluxe Salad Yogurt Parfait String Cheese Dinner Roll	Meals funded through program income, local mileage, OSA, & the local agency on aging.
26. Chicken Bacon Ranch Parslied Noodles Peas Dinner Roll	27. Tater Tot Casserole Corn Biscuit	28. Lemon Pepper Fish Baked Potato Peas & Carrots Dinner Roll	29. <u>HAPPY HALLOWEEN</u> Ham Mac & Cheese Squash Caprese Salad	30. Toad in the Hole (Sausage w/Biscuit) Spooky Green Beans Corn Bread Pudding	

Medicare Open Enrollment is
October 15 - December 7

SHIP can help.

Your State Health Insurance Assistance Program (SHIP) can help with one-on-one, unbiased guidance:

- Understanding costs and coverage
- Comparing options
- Completing the enrollment process



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SHIP

State Health Insurance
Assistance Program



In the UP - Dial 211 to
be connected with a
local counselor!

SHIP is a national program of the Administration for Community Living, an operating division of the U.S. Department of Health and Human Services.

