

Breen October 2026

M		T	W	TH	
				1. Stuffed Shells with Cheese Italian Sausage Green Beans Garlic Bread	<i>Please call the Breen Center to sign up for meals ahead of time 906-774-5110</i>
5. Liver or Substitute Roasted Garlic Potatoes Biscuit Pudding	6. Baked Chicken Mashed Potatoes & Gravy Green Beans	7. <u>Celebrating October Birthdays</u> Meatloaf Mashed Potatoes & Gravy Candied Carrots Biscuit	8. Sausage Pizza Green Beans Garlic Bread Jello w/ Fruit	<i>Questions or Concerns please call DICSA 906-774-2256 EXT 244</i>	
12. Pasty Pie Corn Fancy Applesauce	13. Sloppy Joe w/ Bun Baked Mac & Cheese Sweet Potato Fries	14. Scalloped Potatoes & Ham Peas Dinner Roll Pudding	15. BBQ Chicken Rice Pilaf Baked Beans	<i>Meals subject to change without notice. All meals served with choice of 2% milk or juice</i>	
19. Baked Fish Au Gratin Potatoes Carrots Dinner Roll Apple Crisp	20. Swedish Meatballs over Noodles Mixed Veggies Biscuit	21. Stuffed Peppers Breadstick Pudding	22. <u>Evening Meal 3:30 Salad Bar 4:00 Meal</u> Roast Beef Mashed Potatoes & Gravy Green Bean Casserole Biscuit Brownie Ala Mode	<i>Meals funded through program income, local mileage, OSA, & the local agency on aging.</i>	
26. Apple Pork Chops Mashed Potatoes Peas & Carrots Biscuit	27. *Come check out our Breakfast Salad Bar(Oatmeal, fruit, etc.)* Biscuits & Gravy Sausage Hash Browns	28. Cheese Ravioli w/ Meat Sauce Italian Veggies Garlic Bread	29. Meatloaf Mashed Potatoes & Gravy Candied Carrots Biscuit		

Medicare Open Enrollment is
October 15 - December 7

SHIP can help.

Your State Health Insurance Assistance Program (SHIP) can help with one-on-one, unbiased guidance:

- Understanding costs and coverage
- Comparing options
- Completing the enrollment process



Find your local SHIP:
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SHIP

State Health Insurance
Assistance Program



In the UP - Dial 211 to
be connected with a
local counselor!

SHIP is a national program of the Administration for Community Living, an operating division of the U.S. Department of Health and Human Services.